



Newsletter, November 1 - 4, 2011

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Farm News

With snow on the ground since Friday, your farm looks ready to settle in for winter. That being said, we're bringing you the last harvest of the season, as planned, this week.

At the end of this growing season, we are humbled by the challenges we've experienced on the farm. The theme is rain – and while we thought we were dealing with a wet spring, the effects of hurricanes Irene and Lee put everything into yet another perspective. Our neighbors in the valley lost all their crops due to floods, and your farm experienced substantial losses. The farm could continue because we operate as a CSA – and how grateful we are to be *your* farmers, growing *your* vegetables. This season reaffirmed our belief that a diverse vegetable operation like our CSA provides for harvests even in very unfavorable situations.

Renewing membership: Your commitment to our CSA is what keeps us going – and partaking in a CSA is more than about fresh produce alone. It is also about preserving small scale family farming and giving you access to a farm that operates on a humane scale. Thanks to all who have already submitted their renewal forms for the upcoming growing season. Early renewal not only gives us the means to work on some farm improvement projects during our 'downtime', it also chips away on the uncertainty we feel between the end of the growing season and the start of a new one. If you have not signed up yet, we're looking forward to your renewal form over the next weeks or months – and if you know of friends or neighbors interested in a share or half-share in your CSA, please refer them: we'll gladly extend our membership referral credits.

End of Season Potluck Dinner: On Saturday, November 12, we are hosting our first 'End of Season Potluck Dinner', which gives us the opportunity to sit down with CSA members and friends to celebrate this growing season. We'll turn on the heat and set up tables for a family-style dinner. The bonfire starts at 5:00, and dinner is at 6:00 PM. RSVP, please, since we have limited indoor space. We appreciate if you can bring your own table settings & beverages. We'll have tea and decaf.

End of Season Questionnaire: with this newsletter, we are emailing you our End of Season Questionnaire. We like to know if we're on the right track – for the kind of vegetables we grow, the quality and quantities in the share, etc. We appreciate your feedback – please return the completed questionnaire by December 1st, in advance of our 2012 seed orders

About this week's share: In this last share of the season you'll find Brussels sprouts, potatoes, onions, garlic and Carnival winter squash.

Your farmers,

Raymond Et Sara



RECIPE: Pasta with Brussels Sprouts and Bacon

Cook until crisp:

½ lb. bacon, diced

Remove with a slotted spoon and drain on paper towels

Add (if needed) to the pan enough butter to make 2 T, then sauté till golden, about 3 minutes:

3 cloves garlic, pressed

1 medium onion, chopped fine

1 lb Brussels sprouts (or more if you have them), halved

1 T dried sage (unless you have fresh, then add 1/3 c at the end)

Stir in:

10 oz. chicken broth

s & p to taste

Cook until most of liquid is absorbed, about 10 – 12 min.

Meanwhile, cook according to package:

1 lb. rigatoni

Save ½ c pasta cooking liquid.

Combine and serve with more parmesan as desired:

½ c cooking liquid

½ c parmesan

Pasta

Sprouts mixture

(sage if it's fresh)

bacon bits

Farm visits – The winter is our off-season and the road is hard to travel. Please give us a call first if you'd like to visit.

Directions to the farm: From Altamont: Follow Rte. 146 towards Gallupville. Approximately 10 miles out of Altamont, make a right on "Larry Hill". (*) Go up for ¼ mile (there is a blue sided house on your left). Just past the blue house, you'll find Fox Creek Farm Road on your left going in the woods. Follow this road to the end. From Rt. 443: Turn on 146 in Gallupville for approximately 2 miles. Make a left on "Larry Hill". Follow directions as above (starting at (*)). Please note that due to storm related road work, some roads may open and close at unpredicted times – however, alternative routes are always available.

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