

# Community Supported Agriculture



Gallupville, New York

Sustainably grown,  
fresh and local produce,  
delivered weekly to your neighborhood

**More information and sign-up form inside**  
*NOW OFFERING LARGE and MEDIUM SHARES!*

## Fox Creek Farm: Locally grown, fresh and wholesome vegetables

Fox Creek Farm is a small family farm in the most Eastern part of Schoharie County, about 25 miles from downtown Albany. Sara and Raymond Luhrman established the farm in 2001. Fox Creek Farm's successful CSA program has been up and running since 2004.



Fox Creek Farm is located in the Town of Wright in beautiful Schoharie County

Over the past 8 years, we have been providing our CSA members with an outstanding selection of very fresh and high quality vegetables – while we have been enjoying their support. The exchange makes it possible for us to run an economically viable farm.

We strive for an environmentally and economically sustainable farm. It provides the farmers and farm workers with a reasonable compensation for their work, and adopts farming practices that maintain or increase soil health and productivity. We use organic farming practices – and we grow almost exclusively for our CSA program.

When we started farming for our CSA in 2004 on one acre of rented land, we could not have imagined the path the CSA would take us. Since 2007 we are farming on land we can call our own – 34 acres of Lansing soils that are part of a larger historic 100 acre deed. And in 2011, we were working close to 15 acres.

## What is Community Supported Agriculture?

“Customers get whatever the farm successfully produces, which means that they assume some risk if it's a bad growing year. But [the farmers] try to limit that risk by raising 40 different vegetables covering 100 varieties. (...) Shareholders sign up for the fresh, locally grown vegetables, but in the process they also get a little feel for the farmer's life, the booms and busts that come along with one of the few things humans haven't completely figured out how to control – nature. Customers pay for their shares of the harvest up front, and then pick up fresh produce once a week during the growing season”. This is what Jennifer Gish, CSA member and staff writer for the Times Union wrote about our CSA in the newspaper in July of 2007, and we think we couldn't phrase it any better.

CSA membership is an excellent way to bring fresh, high quality produce into your household – and a great way to help maintain the existence of small, local family farms. It brings you 'food with a face', connecting you to the place your food is grown and with the people who grew it.

## About the CSA shares (New for 2012: Large and Medium shares)

The amount and variety of vegetables delivered will vary depending on the season and weather conditions, but on average will contain 7-8 different items for a large or full share.

In 2012, we are offering two share size options. The large, or full share, should be sufficient to meet the vegetable needs for an average size family of four, or two vegetarian adults. Our medium, or half share, is geared towards the smaller household – two people or one vegetarian adult.

Please note that at times the items that are part of the large share may not be part of the medium share – but we will always offer both share sizes the outstanding quality of produce our CSA members have grown to expect.

## CSA Member responsibilities

We don't have a work requirement – and do not ask you to come out to the farm to help weeding or harvesting. But we do invite you and your family and friends out to the farm, farm festivals and events.

As a member, you'll be responsible for the weekly pick-up of your share within the time frame set for your pickup location. The exact pick-up times will depend on the sites, but are mostly between 4:00 and 6:00 PM.

If you cannot make the pick-up, you can always send a friend or neighbor to get your share. Shares that have not been picked up by the closing time of the distribution site will be donated to local food pantries.

## What kind of vegetables can I expect in my shares?



Eating fresh and locally grown food means also eating what is in season. For example, our share will start with cold weather crops like greens and peas in June, and end with long-season crops like winter squash, onions and potatoes in October. Details regarding actual shares can be found on our website, [www.foxcreekfarmcsa.com](http://www.foxcreekfarmcsa.com). Just look under the 'Newsletter archive' – every newsletter has a description of the share of that week.

## What else can I expect?

*A free member U-Pick garden with flowers, culinary herbs, and cherry tomatoes.* Over the last years, the member U-Pick has become a destination for our CSA members, their families and friends. It's free with membership, and offers yet another perk to come and visit your farm.

*A great getaway.* Come out to the farm to take a walk through the fields and woods, feed our chickens, and enjoy the fantastic views. Our farm is open for visits, all season – and a great place for a picnic lunch!

*The Fox Creek Farm CSA newsletter.* Our weekly publication with information about the farm, cooking suggestions for familiar and sometimes less known vegetables. We will also announce 'expected harvests' for the weeks to come, helping you plan your culinary adventures.

*The annual Garlic Harvest Festival.* Our garlic harvest festival has become a long standing tradition. Around the third week of July, the garlic is ready for harvest, and we invite all to come out to the farm, help with the harvest, and enjoy an outstanding potluck lunch!

*Farm potlucks.* The farm will host potlucks during the season – great occasions to meet your farmers and other CSA members!

*Off-grid farming.* By joining Fox Creek Farm, you'll be part of the only CSA of this size in New York State that generates all the electricity it needs on-site, using solar and wind power.

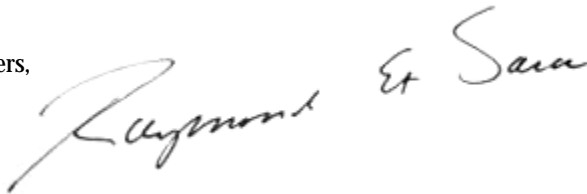
## How do I sign up for Fox Creek Farm's CSA?

In order to join Fox Creek farm's 2012 CSA program, please review and complete the membership form in the center of this brochure and mail it to us with the \$ 100 down payment.

## More questions?

If you have any questions regarding our CSA and farming operation, please do not hesitate to give us a call or drop us a line. You may also want to take a look at our website ([www.foxcreekfarmcsa.com](http://www.foxcreekfarmcsa.com)) for more detailed information and pictures of the farm. We are looking forward to another exciting farming season growing your vegetables,

Your farmers,

Handwritten signatures of Raymond and Sara. The signature 'Raymond' is written in a large, flowing cursive script. To its right, 'Et Sara' is written in a smaller, simpler cursive script.

Fox Creek Farm – Raymond and Sara Luhrman  
182 Fox Creek Farm Road, Schoharie, NY 12157  
(518) 872-2375 – email: [foxcreekfarmcsa@earthlink.net](mailto:foxcreekfarmcsa@earthlink.net)  
[www.foxcreekfarmcsa.com](http://www.foxcreekfarmcsa.com)

# Fox Creek Farm 2012 Season CSA Membership

I would like a share in Fox Creek Farm's 2012 CSA season. I understand that the farm will act in good faith to grow me the produce as described on the farm's website ([www.foxcreekfarmcsa.com](http://www.foxcreekfarmcsa.com)), and understand that some growing conditions may be out of the farmers' control.

## CONTACT INFORMATION

Name:	Address:
Day phone:	Evening phone:
Email 1:	Email 2:
(Please provide us with your email address and in case of shared shares, also the email of your share partner(s) – farm related communication via email helps us reduce our administrative work load and related expenses. We are sending you our newsletter electronically)	

## INDICATE YOUR PREFERRED PICK -UP SITE:

TUESDAY	FRIDAY
<input type="checkbox"/> Albany (Honest Weight Food Co-op)	<input type="checkbox"/> Gallupville (at the farm)
<input type="checkbox"/> Delmar 1 (Delmar Reformed Church)	<input type="checkbox"/> Altamont (Altamont Reformed Church)
<input type="checkbox"/> Albany (University at Albany)	<input type="checkbox"/> Schenectady (Parkwood Blvd.)
<input type="checkbox"/> I'd like to know more about the workshare option, please contact me about this	

## CSA SHARE, OPTIONS and PAYMENT (see reverse for further details)

	Each	Total
<input type="checkbox"/> Large Share (Full Share). 20 weeks of produce, starting the middle of June, and going towards the end of October. A large share is intended to fulfill the vegetable needs of a family of 4 or two vegetarians.	\$ 475.--	\$ _____
<input type="checkbox"/> Medium Share (Half Share). Same as above, but intended to fulfill the vegetable needs of a family of 2 or one vegetarian. This share will give you about half of the produce in a full share, <u>but will not always have the same items as the full share.</u>	\$ 300.--	\$ _____
<b>OPTIONS TO THE BASIC CSA SHARE:</b>		
<input type="checkbox"/> Winter Storage Share. Make your experience with Fox Creek Farm last! Approximately a bushel of winter storage crops (e.g., potatoes, onions, garlic, carrots, beets, winter squash), to be delivered a week after the last share.	\$ 45.00	\$ _____
<input type="checkbox"/> Pastured Poultry Share. Three pastured chickens throughout the season (one in July, one in August, and one in September), approximately 5 pounds each, to be picked up at the farm within one week of processing. Note: multiple shares possible while supplies last.	\$ 52.50	\$ _____
<b>Total CSA Share and Options</b>		\$ _____
<input type="checkbox"/> Renewing members: renew early and receive a free Fox Creek Farm CSA T-shirt with your first 2012 share, if we receive this form and the \$ 100 deposit by November 1, 2011. Please circle your size: S M L XL XXL / MAN --- WOMAN	T-Shirt	
<input type="checkbox"/> Early full payment discount. In addition to the above discount, deduct \$ 12.50 from the full share price if the balance is paid <u>at once in full</u> by March 1, 2012	\$ 12.50	
<input type="checkbox"/> 2011 Membership referral credit (enclose credit memo)	\$ _____	
<b>Total Discounts and Credits</b>		\$ _____
<b>2012 CSA SHARE (SHARE MINUS DISCOUNTS AND CREDITS)</b>		\$ _____
Amount enclosed (\$ 100 minimum reservation deposit required) Make checks payable to "Fox Creek Farm". After May 15, the balance is due in full. Please retain a copy of this form for your records.		\$ _____

I agree to all the terms described on this membership form, and I have reviewed the details regarding Fox Creek Farm CSA, the share, share options and potential dangers related to farm visits on the other side of this form.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Mail completed form and payment to:  
Fox Creek Farm, c/o Raymond and Sara Luhrman, 182 Fox Creek Farm Road, Schoharie, NY 12157

## Fox Creek Farm CSA, 2012 Growing Season

**Fox Creek Farm CSA Membership:** By joining Fox Creek Farm CSA, I understand that I support a small family farm that has been preserving farmland and farming skills by operating a successful CSA since 2004. The farm uses organic farming practices, but is not certified organic. While the farmers have a proven track record working in good faith to fulfill their commitments, weather events can adversely affect crops and yields. The farm will share the bounties of the harvest with the CSA member; however, CSA members need to understand that conditions out of control of the farmers could have negative impacts on yields.

**Share availability:** I understand that the 2011 membership is on a first-come, first-served basis. Due to harvest and distribution logistics, the farm limits the number of shares available per distribution day and site. If the site of your choice has filled up, the farm will contact you to discuss alternatives. The farm will acknowledge receipt of this membership form by email. In case the farm receives my application after the CSA has filled up, or we cannot reach agreement on a pick-up site, the farm returns my check and puts my name on the waiting list.

**Member responsibilities:** It is my responsibility to pick up (or have someone pick up) my weekly produce share at the agreed vegetable distribution site within the specified timeframe. The farm cannot 'hold over' shares that are not picked up at the sites, neither can the farm accommodate one-time switches of sites. If my share does not get picked up, I agree to have it donated to charity.

**Hazards on the farm:** I understand that although the farmers strive to make the farm safe for visitors, there are hazards on any farm. Hazards include uneven ground, sharp objects, farm equipment, electric fences, tools, etc. I understand that climbing on farm equipment is not allowed. I agree to not hold the land owners, the farmers, or Fox Creek Farm liable for any injury to me, my family, guests, or damages to any of our property that might occur at the farm.

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**Start and finish of the CSA season:** The first delivery for the Tuesday sites is on June 12 and for the Friday sites on June 15. The last regular delivery is on October 23 and 26, respectively. If selected the optional winter storage share, delivery will be on Tuesday October 30, and Friday, November 2.

**Pastured Poultry Share:** The farm uses pastured poultry to improve the soil fertility on the farm. For the share, we are raising Cornish Cross chickens. We put the birds out on pasture as soon as possible, generally at two weeks of age, and rotate them daily to fresh ground. We estimate the birds get 30% of their diet from the pasture. We supplement their diet with locally milled, conventionally grown, unmedicated feed. Chickens are processed on the farm, under provisions set by the NYS Department of Agriculture and Markets (Food Safety and Inspection Circular 925, Article 5A, Section 96-C), for processing less than 1,000 birds for on-farm sale.

We plan on raising three batches of poultry, which will be harvested in the months of July, August and September. If you select the pastured poultry option, we will inform you when we are processing the birds. Pick up is at the farm only. Fresh birds will be available in the late afternoon of the processing day (usually Saturday), or you may pick up your frozen birds within one week of processing from the freezers at the farm during regular farm hours – no appointment necessary.

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**Payment, discounts, etc.:** A minimum deposit of \$ 100 is required with the submission of this membership form, although payment in full is appreciated. To qualify for the \$ 12.50 discount for payment in full, you may send in your \$ 100 deposit now and the remaining balance in one payment before March 1, 2012. You may pay your balance in installments, but by doing so, you will forego the early full payment discount to cover additional administrative expenses for the farm.

If you are an existing member who has referred a new member to the farm in 2011, please remind us of the 'Thank You' credit memo we issued to you, and we'll gladly adjust your balance for the 2012 CSA share accordingly.

If you sign up after May 15, payment in full is required with this membership form.

If you feel the CSA share price limits you to join Fox Creek Farm CSA, please contact the farmers to discuss possible payment arrangements.